

Diabetes is a serious chronic disease that affects people of all ages. We are experiencing a rapid increase in mortality as it is now the fifth-deadliest disease in the United States. Current estimates indicate that 18 million people in the U.S have diabetes, with as many as one-third of those unaware that they have this chronic condition at all.

The total annual economic cost of diabetes is estimated to be \$140 billion, or one out of every ten health care dollars spent in the U.S. Approximately 18% of the U.S. population age 60 and older, has diabetes and the complications for seniors include heart disease, stroke, vision loss/blindness, amputations and kidney disease. Although the cause of diabetes continues to be a mystery, both genetics and environmental factors, such as obesity and lack of exercise, significantly increase the risks of contracting this disease.

By identifying and managing patients with diabetes, practitioners have the opportunity to positively impact patients at multiple points during their lifetimes. Health care providers must develop treatment plans that reflect the alliance between the patient, and his or her family members and provide options that help empower patients to successfully control and manage this chronic disease.

Clinical Perspectives on Diabetes

Satellite Conference

Thursday, March 10, 2005

2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern Time) • 1:00 p.m.-3:00 p.m. (Mountain Time) • 12:00-2:00 p.m. (Pacific Time)

FACULTY:

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PROGRAM OBJECTIVES:

1. To discuss the latest recommendations in diabetes treatment.
2. To provide three recent case studies along with treatment modalities for diabetes and cardiovascular disease.
3. To discuss at least five current pharmacology options for diabetes management.

CONFERENCE DETAILS:

Target Audience: registered dietitians, diabetes educators, nurses, nurse practitioners, social workers and pharmacists.
CEU's: nurses (2.1 hours), nurse practitioners (pending), pharmacists (pending), registered dietitians (pending) and social workers (1.75 hours)

Registration: www.adph.org/alphn Cost: No cost to view. Satellite Coordinates: C & Ku Band.

Conference Materials: Posted on website approximately one week before the program.

Questions: alphn@adph.state.al.us or 334-206-5618.

Issues or questions you want addressed during the conference?

Email (alphn@adph.state.al.us) or fax (334-206-5640) the conference faculty before March 10, 2005. They will respond during the program.

alabama public health training network